

CENTRAL NORMAL SCHOOL

TE KURA TUATAHI O PAPIOEA

Term 3 Week 10

Whaia Kīa Tutuki ~ Strive to your Potential

30 September 2021

Tēnā Koutou katoa, Ni Hao, Buā Vinaka, Talofa lava, Willkommen

This weeks pānui focuses on two major surveys we would like your feedback on. Please read all the information to complete the surveys AND go in the draw to win one of two Countdown Vouchers!!!

HEALTH/HAUORA CURRICULUM CONSULTATION (read on to go in the draw for an \$80 Countdown voucher!!)

Why are we consulting?

All schools must consult with their communities with regards to the teaching of the Health/Hauora Curriculum act least every two years. This is mandated in Section 91 of the Education and Training Act 2020, which outlines the legal requirements for schools to undertake consultation.

Through consultation, Boards of Trustees are required to produce a written statement about how the school will implement health education, for the community to understand and agree to. As per legislation, schools are required to:

- inform the school community about the content of the health education components of the curriculum
- consult with members of the school community regarding the way in which the school should implement health education
- describe, in broad terms, the health education needs of the school's students

Outline of our Consultation

Our consultation consists of three parts:

1. Draft Health Education Statement (for approval)
2. Feedback on the Health Programmes at Central Normal School/Te Kura Tuatahi o Papaioea
3. Areas that are going well and possible considerations



Scan this QR code to
take our Hauora
survey

What is the Health Curriculum?

The New Zealand Curriculum and Te Marautanga o Aotearoa have four strands for the Health and Physical/Hauora Curriculum:

1. Personal Health and Physical Development
 - in which students develop the knowledge, understanding, skills and attitudes that they need in order to maintain and enhance their personal wellbeing and physical development
2. Movement Concepts and Motor Skills
 - in which students develop motor skills, knowledge and understandings about movements and positive attitudes towards physical safety
3. Relationships with other people
 - in which students develop understandings, skills and attitudes that enhance their interactions and relationships with others
4. Healthy Communities and Environments
 - in which students contribute to healthy communities and environments by taking responsible and critical action

The following shows the four strands that are related to the Health/Hauora Curriculum and the overview of programmes we teach at our kura:

Key Learning Area	Clarification and Possible Learning Areas at our Kura	
	Clairification	Possible Learning Areas
Mental Health	<ul style="list-style-type: none"> Strengthen personal identity Enhance a sense of self worth Develop effective relationships with others 	<ul style="list-style-type: none"> Circle Time Mindfulness Kia Kaha Mana Potential School Values
Sexuality Education **	<ul style="list-style-type: none"> Positive attitude toward sexuality Physical and Emotional changes Social wellbeing Attitudes of respect for self and others Hauora 	<ul style="list-style-type: none"> Positive self wellbeing Understanding and knowing our bodies Personal hygiene Pubertal Change (Year 5/6) Life education (Puberal Change) About Me
Food and Nutrition	<ul style="list-style-type: none"> Make informed decisions about food Make informed choices that will tribute to their own wellbeing and that of other people 	<ul style="list-style-type: none"> Healthy Food Choices Life Education (food for our bodies)
Body Care and Physical Safety	<ul style="list-style-type: none"> Personal Body Care Recognise hazards in the environment Adopt safe practices in relation to those hazards Self Responsibility 	<ul style="list-style-type: none"> Personal Hygiene Keeping Ourselves Safe Life Education Fire Wise John Parsons Internet Safety Emergency Evacuation Drills

** Sexuality Education is a lifelong process. It provides students with the knowledge, understanding and skills to develop positive attitudes towards sexuality, to take care of their sexual health, and to enhance their interpersonal relationships. In this curriculum, the term sexuality education includes relevant aspects of the concept of hauora, the process of health promotion, understanding social, emotional and physical wellbeing and understand pubertal change. Sexuality Education IS NOT 'sex education', which generally refers only to the physical dimension of sexuality education.

Draft Health/Hauora Curriculum Statement

Below are 2 different Health Curriculum Statements. All schools must have a Health Curriculum Statement, which provide an overview and description of their approach to teaching health. The Statement should be easy to read and succinct - not full of words none of us understand! We ask you to select the statement that sounds best to you.

1	<p>Health and Physical Education/Hauora is one of eight essential learning areas of the New Zealand Curriculum and Te Marautanga of Aotearoa.</p> <p>With health education, the focus is on the wellbeing of students themselves, of other people and of society, through learning health related contexts. Through these contexts of learning, students build a deeper understanding and awareness of the four key learning areas of health: mental health, sexuality education, food and nutrition and body care and personal safety.</p> <p>At Central Normal School/Te Kura Tuatahi o Papaioea, we plan and deliver a range of programmes which promote and wellbeing, affirms children's uniqueness, self confidence and hauora and celebrates cultural diversity and richness. Alongside these programmes, we may also deliver one-off programmes, aimed at supporting a current issue or need, to build students understanding, knowledge and awareness.</p> <p>Supporting the health curriculum, are our school values and dispositions, which are interwoven into our programmes.</p> <p>Health Education is an integral part of our school curriculum and we aim to provide a balanced, informed and empathetic approach to promote health and wellbeing.</p>
2	<p>Health/Hauora Education at Central Normal School/Te Kura Tuatahi o Papaioea will be delivered in alignment with the New Zealand Curriculum and Te Marautanga o Aotearoa.</p> <p>The Health and Physical Education/Hauora Learning Area is underpinned by four key concepts that consider overall wellbeing, interactions between people and society, the need for healthy communities and health-enhancing attitudes and values.</p> <p>Central Normal School/Te Kura Tuatahi o Papaioea kaiako will use a range of teaching approaches and learning contexts to develop learners' understanding of these concepts of Health/Hauora Education and aim to equip learners with the skills needed to enable them to make health-enhancing life choices.</p> <p>Units of Learning will be regularly reviewed in order to ensure that our Health Education programme is meeting the learning needs of our tamariki and reflects best practice in Health/Hauora Education.</p>

Having read the information, please complete our survey [HERE](#) (or scan the above QR Code) to have your say. Remember, every whānau who completes the survey goes in the draw for a \$80 Countdown Voucher. The survey will close on Friday 22 October.

Last day of Term 3 tomorrow, Friday 30 September, 3.00pm Term 4 begins, Monday 18 October, 9.00am

STRATEGIC PLAN AND REVIEW SURVEY (read on and go in the draw for a \$50 Countdown Voucher)

As you know, all schools must have a Strategic Plan, which sets the vision and direction of the school. Our Strategic Plan can be found on our website [here](#). The Strategic Plan also details the 'what' of what schools aim to achieve over a 3 year period. Your feedback last year was added to our Strategic Plan, to make sure it was reflective of your voice and feedback.

As we move towards the end of the year and begin reviewing what we have achieved in 2021, we want to seek your feedback on our plan, to help shape our thinking and our future direction.



Scan this QR code to take our Strategic Plan survey

Please click [HERE](#) to complete the survey. Remember, every whānau who completes the survey goes in the draw for a \$50 Countdown Voucher. The survey will close on Friday 22 October.

Did you see us on Te Karere?

On Monday, we had the privilege of hosting Te Karere at our kura! Te Karere had heard about our the success we are experiencing with Structured Literacy and the amazing results we are seeing with all our learners, with a focus on our Māori learners. At our kura, through Structured Literacy, we have been able to reduce the achievement gap between Māori and Non-Māori, which is outstanding. If you didn't catch the news story, the link is up on our school Facebook Page or you can click [here](#) to view.

End of Term

Tomorrow is the last day of Term 3. Term 3 started full of vision and excitement, only to be cut short by a snap Lockdown, followed by Alert Level 3 and now Alert Level 2. At every step of the way, our tamariki, kaiako and whānau have been our most important consideration. While we had a Lockdown and time away from kura, our tamariki are tired and in needing of a break. We sincerely thank you for all your awahi and understanding of our Alert Level measures and we are all really proud of our CNS Kura Whānau.



Thinking Heads - Treyton, Grace, Lissie Akomanga 5

Duffy Books

We are really proud to be a Duffy Book School, but what does this mean? It means that our kura pays a subscription to Duffy Books, which is topped up by major sponsor. This subscription enables our tamariki to get **FREE** books three times a year! Each of our tamariki received their Duffy books this week, so please look for these books to share and enjoy with your child.

What's Coming Up?

Friday 30 September:	Last day of Term 3.00pm
Monday 18 October:	First day of Term 4, 9.00am (Pōwhiri TBC)
Monday 25 October:	Labour Day (school closed)
Tuesday 26 October:	Teacher Only Day (school closed)

www.centralnormal.school.nz

THANK YOU!

A BIG thanks to
The Warehouse for their
generous donation of \$500 to
our school!